Manufacturer: Anhui Yuhang Paimeng Anti-Radiation Technology Co., Ltd.;
Website: www.pmagroup.com;
Address: Hefei City, Shushan District, 1201 Huguang East Road, International E-commerce Industry Park;
Standard for textile elements: GB18401-2010; type B;
The standard for a smart unit that emits heat: Q / PMA008-2017;
Phone: 400-008-0011.
Heating belt PMA Graphene Heating Belt 
User guide

**Product appearance**

1 – On/Off button; 
2 - USB port; 
3 - Battery pocket; 
4 - Velcro; 
5 - Grafen heating module.

**System structure**

1. PMA Graphene Heating Belt consists of a mobile power source, a switch with a thermostat and a belt.
2. A mobile power source can be a power supply, built into the warming belt, a normal lithium battery, or a universal battery. Connect the USB power cable separately to the mobile power source and the USB port on the belt.
3. A switch with a thermostat is used to regulate and control a temperature.
Specifications

1. Power source: DC5V, 1 ~ 2A;
2. Temperature setting: The switch with thermostat has 3 operation modes, which are highlighted in red, blue and green colors. Modes: high, medium and low temperature.
3. On/off: Press and hold the switch for 3 seconds to turn on the device, briefly press the button, changing color of the backlight, thereby changing the operating mode, press and hold the switch for 3 seconds to turn off the device.

Functions

Infrared rays of the far spectrum, created by the PMA Graphene Heating Belt, penetrate through the clothing into the part of a body, that requires therapy, through the skin, and sent to the muscles and hypoderm, create a warming effect, accelerate blood circulation, activate biomolecules, enhance metabolism, increase immune function, inflammation and eliminate pain, reduce pain in the joints, regulate the autonomic nervous system, etc., have a healthy physiotherapeutic and everyday warming effect.

Terms of Use

1. Wrap the belt around the selected area (abdomen, lumbar vertebra, foot).
2. Connect the power source, press and hold the button of the switch with the thermostat for 3 seconds, after which the indicator will turn red (high temperature mode, temperature range 50 ~ 58 °C).
3. Press the On/Off button 1 time, the thermostat indicator will change color to blue (medium temperature mode, temperature range 45 ~ 50 °C), press the button again, the thermostat indicator will change color to green (low temperature mode, temperature range 40 ~ 45 °C), after one more pressing the indicator again changes color to red, the further change of modes passes in the above order. Choose the temperature mode that suits your needs and comfort level.
4. If skin reddening occurs, do not worry, this is a normal reaction after prolonged heating, it will disappear on its own in a few hours.

Cautions

1. Persons with super sensitive skin, to avoid edema or burns, can not use this belt in high temperature mode for a long time, you should use the belt with care.
2. Pregnant women are prohibited from using this belt, newborns and young children should use this warming belt with caution.

XIAOMI-MI.COM
3. Persons, suffering from severe hypertension and people suffering from diabetes, should use this belt with caution, if necessary use, respectively, reduce the temperature and shorten the time of use. If, after use, dizziness, headache, a feeling of suffocation in the chest and other symptoms of malaise occur, stop using the girdle immediately.
4. Do not use this warming belt on the body of animals.
5. This belt can only use body parts specified in the user's manual. Incorrect methods of use can damage the device and your skin.

Storage and cleaning

1. After each use, remove the belt, store it in expanded or twisted form.
2. If cleaning is necessary, wash the belt with water, do not wash the belt in the washing machine, after washing, you can dry the belt more quickly in air or in drying, avoid prolonged soaking the belt with water.

* The products of the PMA-A10 series are NOT supplied with a battery, use your own mobile power source or a universal battery, use the user's manual for usage methods.